



PRESS RELEASE

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No embargo

## **EXPERIENTIAL LEARNING CHARITY LAUNCHES "LEAVE NO TRACE" TRAINING IN ESSEX**

The Wilderness Foundation UK, a registered experiential learning charity based in Chelmsford, Essex has announced the launch of two short training courses designed to raise awareness of the impact that people have on their environment. The courses will teach participants techniques to minimise their impact in the wild and will be beneficial to anyone who works in outdoor education, the outdoor pursuit industry or those who enjoy outdoor recreation.

Course Instructor Myles Farnbank says:

"As increasing numbers of people seek the beauty and exhilaration of outdoor recreation, our collective mark on the environment and its natural processes increases. Litter, disturbance to vegetation, water pollution, wildlife, livestock and other people are all indicators of the need to develop a national ethic that protects both natural and cultural heritage."

The Courses:

### **Accredited One Day Awareness Course: 16<sup>th</sup> April 2010**

Participants will learn about the seven principles of the Leave No Trace ethic and the course will involve some practical sessions. It is suitable for any experience level.

### **The Two Day Trainer Training: 17<sup>th</sup> & 18<sup>th</sup> April 2010**

This two day programme is recognised by the Leave No Trace Centre for Outdoor Ethics. The practical course gives recognised LNTT status to successful participants. The course equips participants to understand

demonstrate and teach state of the art minimum impact techniques for a variety of groups, lead a discussion on outdoor ethics and help others to explore their own personal outdoor ethic. The programme looks at a variety of teaching topics, styles and session ideas which can be aimed at all countryside users from children to proficient mountaineers and paddlers. It will also contain an overview of Master Educator Courses.

Both courses will be held in Little Baddow, Essex. Course fees are payable.

### **Background to the Wilderness Foundation UK:**

Dedicated to preserving the last of the world's wild places, WFUK nurtures understanding of the value of wilderness for the health of our environment, individuals and society.

The Wilderness Foundation UK was founded in 1976 by Dr. Ian Player DMS, South African conservationist internationally renowned for saving the white rhino from extinction, and Sir Laurens van der Post, writer, explorer and philosopher.

Ever since WFUK has maintained its position as a pioneer in environmental and experience-based personal development.

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***Working for Wilderness, Wildlife and People***